

# ACTIVE SCHOOLS

A group of young children are playing soccer on a green artificial turf field. In the foreground, a boy in a red and yellow jersey is jumping with his arms raised in excitement. To his right, another boy in a red jersey with the number 14 on the back is seen from behind. In the background, other children in various colored jerseys (blue, green, orange, yellow) are scattered across the field, some near a soccer ball. A fence and a building are visible in the background.

Putting sport first

**sportscotland**  
the national agency for sport

# UNDERSTANDING ACTIVE SCHOOLS

**sports**scotland works in partnership with all 32 local authorities to invest in and support the Active Schools Network. The Network consists of over 400 managers and coordinators dedicated to developing and supporting the delivery of quality sporting opportunities for children and young people.

Active Schools aims to provide more and higher quality opportunities to take part in sport and physical activity before school, during lunchtime and after school, and to develop effective pathways between schools and sports clubs in the local community.

Active Schools coordinators work with primary, secondary and additional support needs schools to increase the number and diversity of children and young people participating in Active Schools activities.

Active Schools coordinators also have a key role in developing a network of volunteers to deliver activity sessions. These volunteers consist of teachers, parents, school staff, students, sports coaches and senior pupils who are central to the success of Active Schools.

Young people make a valuable contribution as leaders in sport and Active Schools coordinators provide leadership opportunities across a range of roles and support young people throughout their leadership journey.

Active Schools has worked with schools for over 10 years providing opportunities for children and young people to get involved, and stay involved, in sport and will continue to make a significant contribution to a world class sporting system in Scotland.

**#ActiveSchools**

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# PRIORITIES FOR IMPROVEMENT

To maximise the impact of Active Schools over the next four years, coordinators and managers will continue to strengthen connections, ensure opportunities are accessible to more children and young people and embed continuous improvement in their practice.

Collaboration and partnership working is critical to the success of Active Schools. Coordinators work closely with parents, school staff and pupils to provide opportunities that reflect young people's interests and connect to physical education and local community opportunities.

Beyond the school environment Active Schools coordinators work with a range of partners including local sports clubs, sports development officers, community sport hubs, colleges and universities to provide pathways to support young people to stay involved and progress in sport.

Children and young people are at the heart of Active Schools and coordinators work closely with them to ensure a wide choice of activities and leadership opportunities are available to meet their needs and interests.

It is vital for Active Schools coordinators to understand and meet the specific needs of children and young people who may experience barriers to participation, with a particular focus on age, disability, gender and socio-economic disadvantage.

Embedding continuous improvement is essential to ensure progress and provide the best experiences for children and young people. Coordinators use monitoring and evaluation information and the School Sport Awards to inform planning, enhance existing provision and identify areas for further development.

Managers and coordinators communicate progress and success stories to raise the profile of Active Schools and the Network's significant contribution to the lives of children and young people in Scotland.

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# ACTIVE SCHOOLS' CONTRIBUTION TO THE WORLD CLASS SPORTING SYSTEM



**12.5m**  
INVESTED  
EVERY YEAR

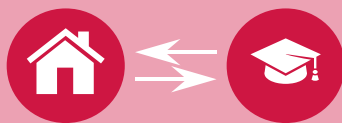
ACROSS  
**ALL**  
SCHOOLS  
IN SCOTLAND

IN  
**32**  
LOCAL  
AUTHORITIES

OVER **400**  
ACTIVE SCHOOL  
MANAGERS AND  
COORDINATORS



**333,000**  
ACTIVITY SESSIONS



**2,587**  
CLUBS LINKING  
WITH SCHOOLS

OVER **20,000** DELIVERERS



**86%**  
OF WHOM ARE  
VOLUNTARY

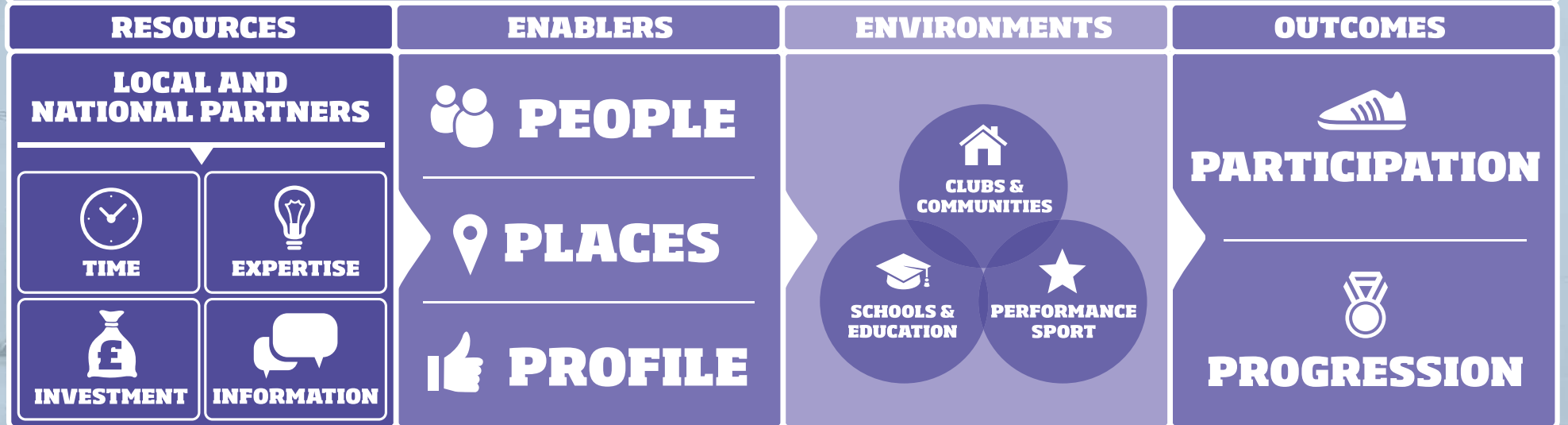


**OVER**  
**17,500**  
VOLUNTEERS

**6.1** MILLION  
PARTICIPANT SESSIONS\*

\*Participant sessions are the 'visits' pupils have made to activities

# BUILDING A WORLD CLASS SPORTING SYSTEM FOR EVERYONE IN SCOTLAND



## PRIORITIES FOR IMPROVEMENT 2015/2019



**EQUALITIES AND INCLUSION**



**PEOPLE DEVELOPMENT**



**COLLABORATION AND IMPACT**



# BUILDING A WORLD CLASS SPORTING SYSTEM FOR EVERYONE IN SCOTLAND

## ACTIVE SCHOOLS PRIORITIES

### PEOPLE

- Grow and develop a network of people to deliver opportunities within schools ensuring they have the confidence, skills and knowledge to deliver quality sporting opportunities.
- Recruit, retain and develop volunteers to deliver opportunities in schools.
- Provide support and leadership opportunities in a range of roles including: deliverers/ coaches, event competition organisers, technical officials, decision makers and ambassadors.

### PROFILE

- Share and promote opportunities to participate, lead and volunteer in sport.
- Raise awareness and understanding of Active Schools and impact amongst key stakeholders and the wider community.

### PARTICIPATION

- Increase the number and diversity of children and young people participating in Active Schools activities.
- Provide more and higher quality opportunities to participate in sport in schools (before school, during lunchtime and after school).
- Engage with children and young people who may experience barriers to participation to support their inclusion in activity.
- Support and develop effective pathways between schools and clubs to improve the transition of children and young people from schools to clubs.

# FIND OUT MORE

Find the Active Schools Network online toolkit at:

[www.sportscotland.org.uk/secure/active\\_schools\\_network\\_toolkit](http://www.sportscotland.org.uk/secure/active_schools_network_toolkit)

For more information about Active Schools go to:

[www.sportscotland.org.uk/activeschools](http://www.sportscotland.org.uk/activeschools)

## #ActiveSchools

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[sportscotland.org.uk](http://sportscotland.org.uk)

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