



# **COVID-19 Support and Guidance**

This quick reference guide - drawing on the expertise of various organisations and partners - aims to provide advice and guidance for clubs as we all continue to deal with the challenges of COVID-19.

Clubs, coaches and members will have had many concerns and questions during this stressful time. We hope the following information - compiled by East Dunbartonshire Leisure and Culture (EDLC) Trust's Club & Volunteer Development Officer - will prove helpful as we all work together to emerge from the shadow of coronavirus.

EDLC will continue to support our clubs, committees, coaches and athletes in the best way we can. We aim to keep updating and developing this document, coach education and other programmes to assist you as much as possible.





### Review your current financial situation This section provides a list of review areas key to your

club's finances, offering advice to help retain your club's membership and, in some instances, provide an alternative service to your members during this difficult period. Firstly, it is important to conduct a review of your

club's current finances to produce a snapshot of your current financial situation and an overall plan for the Once you have completed that, and have a clear

to consider the following: Do you have sufficient reserves to cover current outgoings and relevant future start-up costs?

understanding of your current club finances, you need

- Have you consulted your membership?
- Do you need your members to continue paying
- some/all of their monthly fees?
- Can you retain any coaching services to maintain support to your athletes?

If you require additional financial support please see the 'additional links' section of this document

## **Sportscotland**

The following links are designed to support clubs and individuals across East Dunbartonshire, and the network of sport and physical activity organisations in Scotland. We are keen for all clubs to support a club member/volunteer to access these online learning resources and to share best practice:

https://learning.sportscotland.org.uk

https://learning.sportscotland.org.uk/ catalog?pagename=Coronavirus-COVID-19-learningarea



https://sportscotland.org.uk/coaching/virtual-learning





## East Dunbartonshire Sports Council (Sport ED) was formed in 1996 and is

**EDLC** sports council

made up of a group of volunteers that represents a variety of sports and organisations throughout East Dunbartonshire. The Executive Committee is elected each year at the AGM and consists of up to 14 members of local sports clubs and two elected members. The office bearers on the Executive Committee are: · Chairman

- Vice Chairman
- Secretary provided by East Dunbartonshire Leisure & Culture Trust
- Grants Convenor Treasurer – appointed by East Dunbartonshire Leisure & Culture Trust

https://www.edlc.co.uk/sport-leisure/sports-council

#### If you are unsure of how to develop your club's current situation, another approach would be to review some best practice from other clubs. Social media is a great

Best practice, other clubs.

way to review and ask questions of other sports clubs in your area. We hope this guidance document helps and supports all clubs to navigate their way through the current challenges.





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Woodhead Park

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## guidelines, support and updates on your sport.

## Mental health

National Governing Body (NGB) support

https://edamh.org.ukhttps://www.nhsinform.scot/scotlandsservice-directory/health-and-wellbeing-services

Check your NGB website for the latest information on Government

## Child protection

www.eastdunbarton.gov.uk/health-and-social-care/serviceschildren-families/child-protection

#### Third sector https://edva.org

www.befriending.co.uk/about

**East Dunbartonshire Leisure and Culture Trust** www.edlc.co.uk

**East Dunbartonshire Council** 

www.eastdunbarton.gov.uk

www.edlc.co.uk/sport-leisure/club-volunteer-development

are struggling with operational costs. Please note the information provided these links may change from day to day:

www.eastdunbarton.gov.uk/business/business-support www.eastdunbarton.gov.uk/covid-19-business-support

This section is aimed at clubs and groups which have facilities and