



CLUB, COACH & VOLUNTEER COACH EDUCATION / WORKSHOPS 2024



Your booking options as a sports club or individual

Option 1 - book as an individual, group or club

Please see the link below to our website where clubs can make multiple bookings for coaches and volunteers.

www.edlc.co.uk/webform/coach-education-multiple-bookings

Clubs are required to complete the booking information for each attendee. Once you have submitted your booking, you will be contacted by a member of EDLC staff who will advise how you can make your payment.

Course Name

Course Date

Title

Forename

Surname

Home Address

Postcode

Contact Number

Email Address

DOB

Option 2 –book a bespoke course for your club or group

To book a bespoke course, please let us know the following information:

Date of the course:

Venue:

Do you have a screen and projector: Yes or No (can be arranged by the tutor)

Please allow four to five weeks for a bespoke course to be organised.

For more information on booking a bespoke course for your club or group please contact Stuart Alexander on stuart.alexander@eastdunbarton.gov.uk

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Safeguarding in sport

One of the most important aspects of running a club or team is ensuring that those who are in your care are safe from harm. Safeguarding training is the perfect way to make sure that your club or team coaches have the knowledge and awareness needed to provide a service that protects children and young people.

In line with many national governing bodies, EDLC recommends that all coaches, volunteers and parents attend a child protection training course and revisit this course every three years.

Child Wellbeing and Protection Officer (CWPO) Training

Child Wellbeing and Protection Officer (CWPO) Training is suitable for individuals responsible for the wellbeing and protection of children and young people. Learners will have the opportunity to develop knowledge and skills to manage concerns through the use of interactive case studies and group work.

Suitable for: Child Wellbeing and Protection Officers or those in a similar role who are aged 18+ yrs.

Prerequisites: Learners must have completed modules 1 & 2 of the Child Wellbeing & Protecting Children in Sport (CWPS) within the last 3 years.

If you would like more information please contact

stuart.alexander@eastdunbarton.gov.uk



Child Wellbeing and Protection in Sport Training (CWPS)



Child Wellbeing and Protection in Sport (CWPS) supersedes the previous Safeguarding and Protecting Children (SPC) course. The training will provide you with the knowledge on child wellbeing and protection that will give you the confidence to deal with issues that may arise in your role working with children.

Suitable for: 16 years + who are in regulated work, delivering or leading sporting activities

Please note these courses are face to face courses.

Date: 15th March
Time: 1pm - 4pm
Venue: Kirkintilloch leisure centre
£20

Date: 30th April
Time: 6pm - 9pm
Venue: Kirkintilloch leisure centre
£20

Date: 20th August
Time: 6pm - 9pm
Venue: Kirkintilloch leisure centre
£20

Please note these courses are online

Date: 8th May and 15th May
(all candidates must attend both dates)
Time: 6pm - 7:30pm
Venue: Both dates are online
£20

Date: 8th Oct and 15th Oct
(all candidates must attend both dates)
Time: 6pm - 7:30pm
Venue: Both dates are online
£20



Volunteer management

Sportscotland offers a Volunteer Management workshop that focuses on how to recruit, develop and retain volunteers. We have specifically redesigned elements of this workshop to consider and respond to the impact of COVID-19.

This workshop is designed to explore the following three themes:

1. Know your volunteers
2. Know the environment (organisation/ programme/NGB)
3. Know volunteering



Workshop Outcomes:

Recruiting –be able to identify methods of good practice

Supporting and Developing - recognise the importance of support and development and explore tools to do this

Recognition and reward - recognise the importance of recognition and reward and explore tools to do this

Retention - understand that the sports workforce can be retained by implementing all the above

Tailored to meet the needs of the audience and facilitated to encourage group discussion and peer learning, this workshop is aimed at Club leaders, Hub Leaders, Head Coaches, SGB and Local Authority staff, or anyone who may have a role in the recruitment, development and retention of volunteers in sport.

This workshop is currently being delivered virtually (2 x 90min sessions) and if you are interested in requesting a workshop or would like more information please contact

stuart.alexander@eastdunbarton.gov.uk



Introduction to coaching children

This workshop is an updated version of Introduction to Multi Skills. It has been developed as part of sportscotland's physical literacy coach CPD pathway and has been designed to support new coaches, volunteers, students, young leaders parents and teachers who are working with children aged between 5-12. The workshop can stand alone or could be a precursor to sportscotland's full two-day Multi Skills Award, which is assessed and accredited through the Scottish Qualifications Authority.

Learners will gain an understanding of:

- The key principles that influence all-round development of the basic movement skills and physical literacy
- A holistic approach to child development and the development of the whole child through sport
- How to develop basic multi-skills

Workshop Outcomes

- Take a person-centred approach to positively impact the health and wellbeing of children through sport and physical activity
- Support children to develop positive behaviours through play, physical activity and sport so they can thrive
- Offer children the best start through positive, purposeful experiences so they become competent and confident movers
- Encourage lifelong participation/sport for life



This workshop is tailored to meet the needs of the audience and is currently being delivered virtually (2 x 90min sessions).

If you are interested in requesting a workshop or would like more information please contact stuart.alexander@eastdunbarton.gov.uk

Anti-bullying course

The link below provides access to free online modules for coaches, volunteers and parents.

<https://respectme.org.uk/training/anti-bullying-learning-academy/>



Key features and benefits

- Two (2 hour) modules of FREE anti-bullying online training content in line with Scottish Government Guidance 'Respect for All: The National Approach to Anti-Bullying for Scotland's Children and Young People'
- Contributions from leading experts across mental health and children's rights
- Access to practical resources to enhance your anti-bullying practice
- respectme certificate on completion of both modules
- Become an important part of Scotland's anti-bullying movement



First Aid Course

Emergency First Aid at Work One day course

This course is for candidates who require an emergency First Aid certificate. Candidates will be taught CPR, what to do in the event of an emergency, as well as more advanced knowledge for treatment of illness and injury. The course is certified by the Health & Safety Executive (HSE) and is valid for three years from time of issue.



Date: 3rd March 2024
Time: 10am – 4pm
Venue: Kirkintilloch Leisure centre
Price: £60

Date: 25th August 2024
Time: 10am – 4pm
Venue: Kirkintilloch Leisure centre
Price: £60

Date: 27th October 2024
Time: 10am – 4pm
Venue: Kirkintilloch Leisure centre
Price: £60



Health and Safety course – for sports clubs and groups

Guidance on running a safe sports club.

This course will support you in dealing with H&S issues that may occur at your group or club. If you currently use a public or private facility or your group/club owns your own facility this course will help you adopt good practice and guidelines in Health and safety.

The course will cover:

- Planning for safety
- Spotting hazards
- Keeping a record
- Planning for sporting event

Date: 26th April 2024
Time: 4pm – 9pm
Venue: Kirkintilloch Leisure centre
Price: £55

Date: 23rd August 2024
Time: 4pm – 9pm
Venue: Kirkintilloch Leisure centre
Price: £55

Date: 25th October 2024
Time: 4pm – 9pm
Venue: Kirkintilloch Leisure centre
Price: £55



Education for Club Leaders

What is it?

Education for Club Leaders is a training programme which combines club development outcomes with a community impact approach.

Four interactive, SCQF / SVQ accredited, modules are designed to develop an understanding of the key areas of club leadership.

- Sports Club Leadership
- Effective Communication
- Planning & Development
- Learning & Evaluation

Training is flexible and adapted to suit the needs of the individual/group.



Who is it for?

- The club leader programme is designed for club managers, chair persons, parents and volunteers interested in developing their knowledge of running a club. This includes delivering club development targets and outcomes as well as understanding the developmental value of sport and community activity.
- Young leaders who are newer to club development and coaching at one of our clubs. This course will provide a platform to develop skills and confidence in effective planning and developing at a club in a supportive and engaging environment.

How we can support your club

MOR

**Minimum
Operating
Requirements**

Individual
meetings

Coach education
brochure

Club Matters
sessions



EDLC club & volunteer development aims to support your club, group, parents, volunteers and coaches. Your group or club will be required to complete the new Minimum Operating Requirements. MOR will provide an online framework for all clubs and groups, the diagrams below will allow you to review the support that will be made available from our Club and Volunteer development officer.

MOR +

**Minimum
Operating
Requirements**

Individual
meetings

Coach education
brochure

Club Matters
sessions

MOR+ working
group



MOR non-sport

**Minimum
Operating
Requirements**

Club Matters
sessions

Coach education
brochure

Funding for your course

East Dunbartonshire Sports Council Funding

Coach Education grants are available for all coaching/officiating courses. Grants are awarded in the following categories:

Modules, CPD, child protection, first aid, etc	25% of course fee up to a maximum of £50 (per person)
Level 1 (assistant coach)	50% of course fee up to a maximum of £75 (per person)
Level 2 (club coach)	75% of course fee up to a maximum of £100 (per person)
Level 3 (senior coach)	100% of course fee up to a maximum of £150 (per person)

Who are we?

The Sports Council (Sport ED) was formed in 1996 and is made up of a group of volunteers that represent a variety of sports and organisations throughout East Dunbartonshire. The Executive Committee is elected each year at the AGM and consists of 14 members from local sports clubs and two elected members.

The office bearers on the Executive Committee are:

- Chairman
- Vice Chairman
- Secretary – provided by EDLC
- Grants Convenor
- Treasurer – provided by EDLC

Forms

Affiliation and grant forms are now available to complete online at:
<https://www.edlc.co.uk/sport-leisure/sports-council>

Contact

For more information on any of the above or an informal chat contact Stuart Alexander on stuart.alexander@eastdunbarton.gov.uk.

If you are an organisation looking to recruit volunteers please get in touch as we would love to support your organisation

