



CLUB, COACH & VOLUNTEER COACH EDUCATION / WORKSHOPS 2023

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Safeguarding in sport

One of the most important aspects of running a club or team is ensuring those who are in your care are safe from harm. Safeguarding training is the perfect way to ensure that your club or team coaches have the knowledge and awareness needed to provide a service that protects children and young people.

EDLC, in line with many National governing bodies, would recommend that all coaches, volunteers and parents attend a child protection training course and revisit this course every three years.

Child Wellbeing and Protection Officer (CWPO) Training

Child Wellbeing and Protection Officer (CWPO) Training is suitable for individuals responsible for leading their club or organisation in the wellbeing and protection of children and young people. Learners will have the opportunity to develop knowledge and skills to manage concerns through the use of interactive case studies and group work.

Suitable for: Child Wellbeing and Protection Officers or those in a similar role who are aged 18+ yrs.

Prerequisites: Learners must have completed modules 1 & 2 of the Child Wellbeing & Protecting Children in Sport (CWPS) within the last 3 years.

If you would like more information please contact

stuart.alexander@eastdunbarton.gov.uk



Child Wellbeing and Protection in Sport Training (CWPS)



Child Wellbeing and Protection in Sport (CWPS) supersedes the previous Safeguarding and Protecting Children (SPC) course. The training will provide you with the knowledge on child wellbeing and protection that will give you the confidence to deal with issues that may arise in your role working with children.

Suitable for: 16 years + who are in regulated work, delivering or leading sporting activities

Please note this course is currently being delivered virtually (2 x 90min sessions).



Date: 6 and 13 April
Time: 6pm – 7.30pm
Venue: Online
£20PP

Date: 18 and 25 September
Time: 6pm – 7.30pm
Venue: Online
£20PP



Volunteer management

Sportscotland offers a Volunteer Management workshop that focuses on how to recruit, develop and retain volunteers. We have specifically redesigned elements of this workshop to consider and respond to the impact of COVID-19.

This workshop is designed to explore the following three themes:

1. Know your volunteers
2. Know the environment (organisation/ programme/NGB)
3. Know volunteering



Workshop Outcomes:

Recruiting –be able to identify methods of good practice

Supporting and Developing - recognise the importance of support and development and explore tools to do this

Recognition and reward - recognise the importance of recognition and reward and explore tools to do this

Retention - understand that the sports workforce can be retained by implementing all the above

Tailored to meet the needs of the audience and facilitated to encourage group discussion and peer learning, this workshop is aimed at Club leaders, Hub Leaders, Head Coaches, SGB and Local Authority staff, or anyone who may have a role in the recruitment, development and retention of volunteers in sport.

This workshop is currently being delivered virtually (2 x 90min sessions) and if you are interested in requesting a workshop or would like more information please contact

stuart.alexander@eastdunbarton.gov.uk



Introduction to Coaching Children

This workshop is an updated version of Introduction to Multi Skills. It has been developed as part of sportscotland's physical literacy coach CPD pathway and has been designed to support new coaches, volunteers, students, young leaders parents and teachers who are working with children aged between 5-12. The workshop can stand alone or could be a precursor to sportscotland's full two-day Multi Skills Award, which is assessed and accredited through the Scottish Qualifications Authority.

Learners will gain an understanding of:

- The key principles that influence all-round development of the basic movement skills and physical literacy
- A holistic approach to child development and the development of the whole child through sport
- How to develop basic multi-skills

Workshop Outcomes

- Take a person-centred approach to positively impact the health and wellbeing of children through sport and physical activity
- Support children to develop positive behaviours through play, physical activity and sport so they can thrive
- Offer children the best start through positive, purposeful experiences so they become competent and confident movers
- Encourage lifelong participation/sport for life



This workshop is tailored to meet the needs of the audience and is currently being delivered virtually (2 x 90min sessions).

If you are interested in requesting a workshop or would like more information please contact stuart.alexander@eastdunbarton.gov.uk

Anti-bullying course

The link below provides access to free online modules for coaches, volunteers and parents.

<https://respectme.org.uk/training/anti-bullying-learning-academy/>



Key features and benefits

- Two (2 hour) modules of FREE anti-bullying online training content in line with Scottish Government Guidance 'Respect for All: The National Approach to Anti-Bullying for Scotland's Children and Young People'
- Contributions from leading experts across mental health and children's rights
- Access to practical resources to enhance your anti-bullying practice
- respectme certificate on completion of both modules
- Become an important part of Scotland's anti-bullying movement



First Aid Courses

Emergency First Aid at Work 1 day course

This course is for candidates who require an emergency First Aid certificate. Candidates will be taught CPR, what to do in the event of an emergency, as well as more advanced knowledge for treatment of illness and injury. The course is certified by the Health & Safety Executive (HSE) and is valid for three years from time of issue.



Date: Sunday 16 April 2023
Time: 10am – 4pm
Venue: Kilmardinny House
Price: £55pp

Date: Sunday 18 June 2023
Time: 10am – 4pm
Venue: Kilmardinny House
Price: £55pp

Date: Sunday 10 September 2023
Time: 10am – 4pm
Venue: Kilmardinny House
Price: £55pp



Health and Safety Course

– for sports clubs and groups

Guidance on running a safe sports club.

This course will support you in dealing with H&S issues that may occur at your group or club. If you currently use a public or private facility or your group/club owns your own facility this course will help you adopt good practice and guidelines in Health and safety.

The course will cover:

- Planning for safety
- Spotting hazards
- Keeping a record
- Planning for sporting event

Date: Friday 31 March 2023
Time: 4pm - 9pm
Venue: Kilmardinny House
Price: £55pp

Date: Friday 26 May 2023
Time: 4pm - 9pm
Venue: Kilmardinny House
Price: £55pp

Date: Friday 29 September 2023
Time: 4pm - 9pm
Venue: Kilmardinny House
Price: £55pp



Contact

For more information on any of the above or an informal chat contact Stuart Alexander on stuart.alexander@eastdunbarton.gov.uk.

If you are an organisation looking to recruit volunteers please get in touch as we would love to support your organisation

